

# OPTIMAL

PHYSICAL THERAPY

**(1) Patient Info:**

First name: \_\_\_\_\_

Middle initial: \_\_\_\_\_ Last name: \_\_\_\_\_

Gender:  Male  Female

Date of birth (MM/DD/YYYY): \_\_\_\_/\_\_\_\_/\_\_\_\_

Social Security #: \_\_\_\_\_-\_\_\_\_-\_\_\_\_\_

Please circle phone type: Home | Cell

Primary Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-mail: \_\_\_\_\_

Would you like to receive appointment reminders?

No

Yes →  Email  Phone call  Text Message

Marital status:

Single  Married  Divorced

Employer name: \_\_\_\_\_

**(2) Billing Address:**

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip code: \_\_\_\_\_

**(3) Emergency Contact Information:**

Name: \_\_\_\_\_

Primary phone: \_\_\_\_\_

Relation to patient: \_\_\_\_\_

**(4) Insurance:**

Are you utilizing insurance?  Yes  No

Are you the account holder?  Yes  No

Are you on someone else's insurance?  Yes  No

If yes, please provide the following information:

Name: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

**(5) Worker's Compensation Patients:**

Claim number: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Address

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Date of injury associated with claim: \_\_\_\_\_

**(6) Reason(s) for Treatment:**

Area/Part of body: \_\_\_\_\_

Cause of injury or pain: \_\_\_\_\_

Date of injury: \_\_\_\_\_

**(7) Referring Physician:**

**(8) Medical History:**

Arthritis

Osteoporosis

Osteoarthritis

Diabetes (Type II)

Rheumatoid  
Arthritis

High blood  
pressure

Hepatitis

HIV / Aids

MRSA

Head Injury/TBI

Concussion

Asthma

Stroke

Cardiovascular  
(heart) disease

Other past medical history:

Are you or could you be pregnant?

Yes  No

History of cancer?

Yes  No

Year(s): \_\_\_\_\_

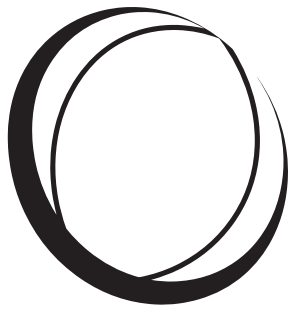
Type(s): \_\_\_\_\_

**(9) Surgical History:**

**(10) Medications/Allergies:**

Current medication(s): \_\_\_\_\_

Please list all known allergies: \_\_\_\_\_



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I, \_\_\_\_\_  
have been offered or received a copy of the “Notice of Privacy Practices” from  
Optimal Physical Therapy, LLC or a designated affiliate.

I acknowledge by signing this form I am stating that I am aware of and understand  
the content of the privacy practices.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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## Medicare Intake form

Name: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

### Falls History

Have you had any falls within the last year?	No	Yes	If yes, how many?
Have you had any Injuries related to a fall:			
Pain Location:			
Pain Description (ie.Burning,throbbing,shooting,sharp):			

Please rate your pain levels by circling a number to rate your pain:

Pain Scale:	0 = No pain			5 = Moderate Pain				10 = Extreme Pain			
At Worst:	0	1	2	3	4	5	6	7	8	9	10
Current:	0	1	2	3	4	5	6	7	8	9	10
At Best:	0	1	2	3	4	5	6	7	8	9	10

Medications If you already have a medication list, please bring in a copy.	Dosage	Frequency

### For office use only.

Height:	Weight:	Blood Pressure:
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See E-Docs for Medication List